

John P Golden Ed.D.

# **Interpretive Feedback Report for:**

# **Jack Sample**

Grade: 11, Sample Report

Report Date: November 1, 2016

Reported Profile Type: ISFZ

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#### Who am I?

If you ever wondered why you behave the way you do or why people you know think and act the way they do, you are not alone. We have been asking ourselves this question for thousands of years. The fact is you are a unique person in every way; however you also share a lot in common with all other people. Over the past 100 years the study of Personality has become more scientific and practical. You can use this information to help you answer the question that everyone asks at some point "Who am I?" Answers to this question help you develop a greater understanding of who you are and who other people are in your life. The Golden Student Profiler report is based on a model of personality first proposed in 1911 by Carl Jung (pronounced "yung"), a Swiss physician and psychologist.

Jung found that while our personalities and underlying behavior appear to be random and unpredictable there are consistent patterns that when understood help us understand ourselves better. The Student Profiler report looks at eight global personality dimensions. Jung suggested that you were born with preferences for one of the following paired personality dimensions.

#### The focus and direction of your personal energy:

Extraverting - social, outgoing and talkative, or Introverting - reflective, reserved and quiet.

#### The way you gather and interpret information:

Sensing - detail oriented, practical and methodical, or Intuiting - idea oriented, imaginative and theoretical.

#### The way you make decisions and come to conclusions:

Thinking - logical, analytical and objective considerations, or Feeling - values, compassion and subjective emotions.

#### The way you approach living:

Organizing - structured, planned and orderly, or Adapting - spontaneous, flexible and unstructured.

Using the upper case letters for each dimension we can create 16 models or Personality Profiles of normal healthy behavior:

E for extraverting or I for introverting
S for sensing or N for intuition
T for thinking or F for feeling
Z for organizing or A for adapting

On the following pages of this report you will learn how your answers to the Golden Student Profiler survey create a picture of who you are and how you may behave. Your report is divided into four parts: your Student Profile, your Global Dimension scale scores, brief descriptions of the 16 Personality Profiles, and Frequently Asked Questions and Answers.

Your reported Personality Profile is determined from your responses to the 100 survey questions you answered, and is described on this page in the form of a written description. This description is only a model of the typical behavior and personality style of the reported type. Your task is to see how well this profile description fits you.

# Your Reported Personality Profile is Introverting, Sensing, Feeling, organiZing

#### **Personality Portrait of an ISFZ Student:**

The ISFZ Student -- organized, caring, reserved and cooperative. Quietly helps others in concrete and practical ways. Likes to be with a few close friends and family members and to be able to offer assistance when needed. Responsibly and reliably meets deadlines and obligations. Prone to worry about the past, present and future. The tendency to worry and not ask for help may lead others to see he or she as less than fully confident. May become overburdened by taking on other people's problems. Good at coordinating tasks and activities for everyone, but doesn't ask for the recognition he or she would really like to have. Passively loyal to family, friends, school, teams, country and whatever else he or she believes in and hope others will be as loyal in return. Believes it is important to follow rules and laws. Likes to follow and adhere to routine and prefers to see home, school, and religious traditions observed with little change. Excels at coordinating and scheduling his or her own activities and keeps room and belongings neat and in good order. Prefers to work on projects and tasks that are useful. Will try to avoid interpersonal conflict at all costs.

#### The ISFZ Learning Preferences:

- \* Organized, efficient, focused student.
- \* Enjoys most subjects, but not when they are too abstract and complex.
- \* Particularly good at memorizing facts and details related to people.
- \* Attention is focused on preservation of the past and important relationships around him or her.
- \* Learns best through structured and personalized experiences.
- \* Prefers teachers who stick to a schedule and with whom a personal relationship can be developed.
- \* Enjoys topics that are people focused and practical.
- \* Likes lessons and assignments to require independent study and decision making.
- \* Hands in assignments when due, rarely late.

#### The ISFZ At Home with Family and Friends:

- \* Likes to care for and help close friends and family members.
- \* Shows loyalty to friends and family members.
- \* Schedules things well in advance and dislikes having plans changed.
- \* Keeps his or her room neat and organized.
- \* Is a reliable friend or family member and will do what is asked.

#### **Typical ISFZ Hobbies and Leisure Pursuits:**

- \* Activities where deep concern for others can be shown.
- \* Activities that focus on helping people or animals.
- \* Reading social studies and about people in the news.
- \* Arts and crafts, fashion and design.
- \* Activities where the rules are known and followed.
- \* Attending sports and competitions (loyal fan, booster and cheerleader).

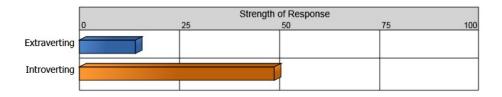
#### The ISFZ's Achievement Needs:

- \* Do not become overly burdened by other people's problems.
- \* Seek assistance from others when worried about something.
- \* Develop personal independence.
- \* Realize that things will be disorganized at times.
- \* Develop a balance between rational and emotional needs.

#### Global Dimension - Energy Direction: Extraverting vs. Introverting

**Extraverting** types are people who direct their attention outward. They are people oriented and outgoing. They enjoy being sociable, talkative, and gregarious. Extraverts would rather listen to someone explain something than read about it. They are active learners who are energized by being with people. **Introverting** types mainly focus their attention inward on their own thoughts, ideas, and impressions. They have a small, close group of friends, speak less frequently, like to reflect upon their ideas before sharing them with others, and need private time.

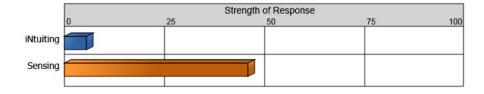
You have a Clear preference for Introverting.



#### Global Dimension - Information Gathering: Sensing vs. iNtuiting

**Sensing** types obtain and trust information that is obtained directly through their five senses. They like to learn about practical subjects and focus on the present moment, facts and details. Sensors prefer to use proven methods and traditional approaches when interpreting data and information. **iNtuiting** types concentrate on information that leads them to explore what is new and possible. iNtuitives pride themselves on being innovative and find enjoyment in learning for its own sake. They focus on the future and prefer being theoretical and using their imagination.

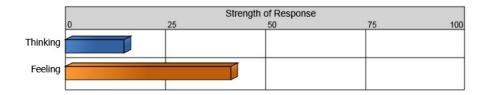
You have a Clear preference for Sensing.



#### Global Dimension - Decision Making: Thinking vs. Feeling

**Thinking** types make decisions using reason and logic. They prefer to make decisions by themselves and do not need to know what others think before they decide. Thinkers value the use of logic in other people's decisions and tend not be overly engaged in other people's personal lives. **Feeling** types make decisions based on their emotions and values. Feelers consider how their decisions affect other people. They are nurturing and compassionate in their interaction with others.

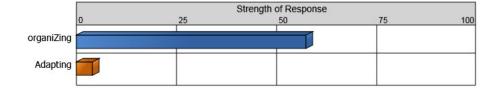
You have a Clear preference for Feeling.



#### Global Dimension - - Life Style Orientation: organiZing vs. Adapting

**organiZing** types are neat and orderly and they like to plan and structure their time. They act in a deliberate and controlled manner to achieve their goals, and believe that rules are meant to be followed. **Adapting** types are flexible and open-minded. They prefer to avoid routines and are spontaneous in their approach to change. They view rules as guidelines that can be changed when the need arises.

You have a Strong preference for organiZing.



# **Map of the Sixteen Types**

Brief descriptions of the sixteen types enable you to see how your personality style differs from others. Keep in mind there are no "good" or "bad" types. The sixteen types can also be grouped into four higher-level clusters called temperaments. The four temperaments show how some personality types are more similar than others. You are an ISFZ.

SA Efficient and Resor	urceful	NF Imaginative and Innovative			
• quiet and reserved • efficient and expedient • keenly observe environment • interested in how and why • cool observers of life	Performing     quiet, friendly, modest and free spirited     loyal followers     idealists with high standards     keen senses     can be totally absorbed in action of the moment	<ul> <li>INFA Supporting</li> <li>deeply caring and idea oriented</li> <li>peacekeepers</li> <li>absorbed in projects</li> <li>encourage growth and development with quiet enthusiasm</li> </ul>	• quietly determined     • concerned for others' welfare     • focus inner thoughts on helping others     • put creative effort into their work		
eadaptable realists who ride with the tide     highly observant of surroundings     masterful at moving things in their direction     enjoy the fast lane	ESFA Entertaining     warm, friendly, charming, witty     hands-on problem solvers     enjoy life's simple pleasures     life of the party	<ul> <li>ENFA Inspiring</li> <li>enthusiastic, charming, interesting</li> <li>naturally curious and imaginative</li> <li>know everyone</li> <li>fascinated by relationships around them</li> </ul>	Penergy Mentoring     responsive and responsible     outgoing, energetic and sociable     catalysts who enjoy drawing out the best in others     warmly enthusiastic		
ESTZ Supervising  • practical and realistic  • value productivity and efficiency  • enjoy management  • excel at bringing order to groups	Providing     Sociable, supportive and warm-hearted     active team participant     helpful toward others     use interpersonal skills to maintain important relationships	<ul> <li>ENTA Improvising</li> <li>creative, confident thinkers</li> <li>intellectual and outspoken</li> <li>argue both sides of issues</li> <li>good at juggling many balls</li> </ul>	ENTZ Leading     • direct and strategic     • confident and well-informed     • frank and decisive     • natural organization builders and leaders		

**ISTZ** Maintaining

- serious, traditional and quiet
- task-oriented, no nonsense style
- excellent follow-through
- work to conserve the resources of the group

# ISFZ Protecting

- dependable and responsible
- sympathetic, quiet and conscientious
- polite and tremendously devoted
- works independently in support of team

# **INTA** Inventing

- strongly defined interests
- · skilled with logic
- enjoy theory, science, ideas
- single minded focus on topics of interest

#### INTZ Strategizing

- independent thinkers
- develop strategy based on a clear vision
- high achievement drive
- emphasize competency

# SZ Responsible and Reliable

**NT Competent and Visionary** 

Frequently Asked Questions and Answers About Personality Profiles

#### Will my personality profile change as I get older?

Just as we wouldn't expect you to change your preference for using your right or left hand, we wouldn't expect that you would drastically change your personality profile over time. However, people do modify their behavior slowly as they grow older. Increasing your level of self-consciousness about who you are helps you know when and where change is needed and appropriate. The pace and extent of change differs for each person based on their genetic makeup and unique life experiences.

#### Will I score the same way if I take this survey again?

If you take the survey honestly and seriously both times the results should be similar.

#### Can I fake my survey results?

Yes. If you fill in choices you know aren't really you the results could be very different than if you were honest with yourself. Sometimes this happens because we want to be different than we really are. Other times it happens because we answer the way we think our parents, teachers or friends would want us to. If you think this has happened you might want to take the survey again.

#### Can I act one way at school or work and a different way at home?

In general we are not as role versatile as we think we are. We all play different roles depending on the circumstances in which we find ourselves. You have the potential for exercising all of the behaviors described by the survey. If you are conscious about what you are doing in a given situation you can choose a behavior to fit that circumstance. Even then, however the profile identified by your survey results is likely to characterize the way in which you react in most situations.

## Can I really trust the survey results to guide my career choice?

Yes! Using your survey results as a guide to career exploration is one possible use. The developers of the Golden Student Profiler have used this kind of information to guide the career decisions of tens of thousands of people of all ages. We think that no other survey provides as much insight for exploring and managing your career. You might also find it helpful to add to your self-knowledge by drawing on other information resulting from values and interest surveys. For most people choosing a career that is consistent with their Personality Profile will be more satisfying and rewarding than one that requires them to use less preferred behaviors.

#### What if I decide to pursue a career path that is not supported by my profile?

It may mean developing abilities and skills that are not your strong points. It would be like having to write with your least preferred hand all the time. However, if you decide to pursue a career that doesn't use your best abilities, by working hard at it the rewards could be great. You must also realize that by making this choice you increase the potential of experiencing some degree of frustration with the demands that will be placed upon you. If you decide to pursue such a career you should definitely engage in a more thorough examination of your interests, values and abilities before you begin.

#### If my profile is genetically determined why am I so different from my siblings and parents?

Your genetic heritage is extremely complex, made up of traits that have been present in your family for many generations. You may not be like either parent, but may be very much like a distant relative. While personality similarities are bound to exist you are a completely unique person.

### Can I use my profile to pick my friends?

We all like to be with people who share our own common interests and hobbies. However, we should also seek friends whose interests and skills are different than our own, to give us a broader outlook on life. Your profile can help you understand both kinds of friendships.

# Can you accurately predict the profile of another person without having them take the survey?

Not always, but in some cases you can by watching their behavior, reading verbal and non-verbal signals, seeing how they take care of their belongings, lockers, and rooms at home, and even how they dress. When you know more about how the underlying theory works you can begin to see patterns present in other people's behavior that point to what their profile might be.

#### If I read a profile other than my own am I likely to see things that might apply to me?

You might find yourself agreeing with those profiles containing two or three of the same letters as yours. However, if you read a profile that contains three or four different letters you will see that there are clear distinctions. Try this out by reading the profile that is opposite of yours. For example the opposite of the ESFA is INTZ or ISTZ is ENFA, etc.

#### Is there a link between my profile and my grades?

If you are interested, motivated and skilled you can excel in any subject you take regardless of your profile. Your profile might help identify which subjects will provide you with the criteria for doing well. Obviously it can also be used to identify the subjects you will not be motivated to learn. You will probably have to take some courses that you would rather avoid. Understanding why you don't like them can help you develop strategies for improving your grades in such courses.

#### Has anyone determined the profiles of famous people?

Yes, researchers and personality theorists have studied famous people of the past and present and have predicted what their profiles probably are. Of course this is all guesswork, but when you know more about the factors involved in measuring personality you will find that it can be done quite accurately.

#### Do my life experiences influence my profile?

Yes, experience plays a strong role in determining how you behave. Your childhood experiences play a part in determining your adult behaviors. Today's experiences may influence your behavior tomorrow. But mounting evidence shows that the range of variability in your behavior is influenced more by your genetic makeup than by your life experience.

## Summary Feedback Report for: Jack Sample

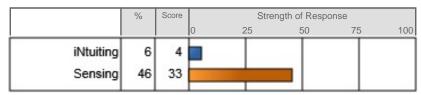
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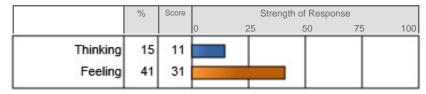
### You have a Clear preference for Introverting.

	%	Score	Strength of Response						
			0	25	50	75	100		
Extraverting Introverting		11 38							

#### You have a Clear preference for Sensing.



### You have a Clear preference for Feeling.



#### You have a Strong preference for organiZing.

